









Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	All Day Pork Sausage served with Baked Diced Potatoes & Baked Beans or Sweetcorn	Roast Chicken & Skin on Roast Potatoes Gravy	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main	Creamy Vegetable Penne Pasta Carbonara 	All Day Veggie Sausage Served with Diced Potatoes & Baked Beans or Sweetcorn	Baked Bean & Cheese Panini with Skin on Roast Potatoes 	Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice 	Cauliflower Cheese & Pasta Bake 
Wraps Sandwiches Baguettes	Freshly made Sandwich, Wrap or Baguette with Cheese – Tuna Mayonnaise or Ham.				
Jacket	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge	Chocolate Shortbread Biscuits & Fruit Slices (Ve) 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast Chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese/ Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main	Quorn Burger in a Bun Served with Skin On Home baked Wedges	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad 	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes 	Veggie Mince Bolognese & Penne Pasta (Ve) 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Wrap Sandwiches/Baguettes	Freshly made Sandwich, Wrap or Baguette with Cheese – Tuna Mayonnaise or Ham.				
Jacket	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve) 	Homemade Shortbread Biscuits (Ve)

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Roast Chicken served with Skin on Roast Potatoes & Gravy	Sticky BBQ Chicken Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Home Baked Vegetarian Lasagne 	Korean Style Sticky BBQ Quorn, Vegetables & Noodles 	Cheesy Beans Pitta Pocket 
Wraps Sandwiches Baguettes	Freshly made Sandwich, Wrap or Baguette with Cheese – Tuna Mayonnaise or Ham.				
Jacket	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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